

Why You Should Skydive For Lennox

Four children in the UK are diagnosed with cancer every day. For the families of those children life is turned upside down as they try to come to terms with the devastating news, as well as dealing with sudden hospital visits, rigorous treatments and often giving up work to care for their sick child full time.

Our main aim is to make a positive difference to the lives of children suffering from cancer or leukaemia. This is done emotionally, practically and financially through key projects such as Respite Breaks and Care Grants. Lennox Children's Cancer Fund is a small charity making a **big** difference.

Respite Breaks

For many families with a child fighting cancer, a family holiday often becomes an impossible luxury at a time when it is most needed. Respite Breaks allow families to spend quality time together away from the day-to-day stress of dealing with childhood cancer. We currently own two holiday homes at seaside locations in the UK, one on Mersey Island, Essex and the other in the New Forest, Hampshire. Each Respite Break is provided free of charge and with spending money where possible. A Respite Break can make the world of difference to the child's wellbeing and we are often told that a short break away is '**just what the doctor ordered**' for everyone. The 'thank you' letters and postcards that we receive from families always reflect how much each of them have enjoyed their time away on a Lennox respite break.

Care Grants

All too often, having a child with cancer can add significant financial pressure to a family at an already stressful time. Care Grants can be used to cover a wide range of expenses such as travel costs to and from hospital appointments, household bills, specialist equipment the child may need, home renovations and, in some sad cases, funeral expenses. They provide a financial cushion to support families through a difficult period and enable them to focus their attention where it is most needed; on their child.

Lennox is still one of very few organisations to provide this type of support and there is no doubt that it has an immensely positive effect at a very difficult time.

How can I help?

Raising funds by taking part in a sponsored tandem skydive helps us to continue providing this invaluable support to families throughout the UK.

You've already taken the first step by requesting this information pack, so there is just one question to ask yourself... Do you have what it takes to jump out of a plane at 12,000 feet to help a child with cancer?

If the answer is yes, simply complete the enclosed booking form and post it, along with your £30 registration fee to Lennox Children's Cancer Fund, First Floor, 1-3 Western Road, Romford, Essex RM1 3LD. At most airfields, skydives go ahead seven days a week throughout the year and all we ask is that you pledge to raise a minimum total of **£350** in sponsorship, this includes the £30 registration fee. The sponsorship will pay for the costs of your skydive and raise at least £100 for Lennox. We have included a sponsorship form in this pack. If you would like to set up a Just Giving account to raise sponsorship, go to www.justgiving.com/lennox and click 'Fundraise For Us.

Our fundraising team are happy to answer any further questions you have about the challenges or the work of the charity, so please feel free to contact us on 01708 734366 if you have any questions.